

Do you know it is OK to ask for some help!!

There is nothing to be afraid off in needing help at sorting out an issue you are having,
or a decision you want to make.

Sometimes you just need someone else to help see the picture or the bigger picture.
You may be stuck in the one place and can't see the forest for the trees.

[Someone to help you put it in perspective](#)

If you need someone to talk to please give me a call

Kay - 0434 436 835

www.caringcounsellor.com.au